

Olive AP Academy Suffolk - Newsletter

Autumn Term 2022/23

Edition No. 2



HEADTEACHER'S UPDATE

Dear Families,

It is now the end of term at Olive AP Academy Suffolk and things have been very different this year. We have settled into new classrooms and have all been working together in the same building. All of the staff team are very proud of the way pupils have worked this term and of their many achievements, many of which I'm pleased to share with you in this Newsletter.

The academy is a very different place and pupils are really focused on their learning. There have been lots of new opportunities extended into our new curriculum. All pupils have been offsite at least once a week, learning in the outdoors. Pupils have had success in mountain biking, archery, hiking, bushcraft, camp making and have even become experts in mud rolling! I would particularly like to mention Jake and Will in Key Stage 4; Jake has achieved a prestigious Navigation Certificate from East Coast Adventures and Will has been a great friend and mentor to younger pupils at Forest School. I would also like to thank our staff team for braving the outdoors with them.

There has been lots of cooking as usual, but we have also developed talents in art, science and humanities. Our Olive Way curriculum has helped us learn a range of topics and encouraged us to think about the world we live in.

I am particularly proud of the positive way in which pupils regularly embrace reading. Pupils are reading at every opportunity; this hugely helps them in all areas of their learning. It is wonderful to see that it is something they enjoy. All pupils have books they can bring home and our library is now up and running. There is no excuse for not doing some Christmas reading!

I would like to thank all of our staff, pupils and families for their efforts this term and wish you all a peaceful, happy and warm Christmas. I look forward to seeing pupils return on Thursday 5th January 2023.

Alastair Burnett
Headteacher



KEY DATES FOR YOUR DIARY

Spring Term 2023

Tuesday 3 January to Friday 31 March 2023

INSET days - 3 & 4 January 2023 (academy closed to pupils)

First day of term for pupils - Thursday 5 January 2023

Half term - Monday 13 February to Friday 17 February 2023

Easter holidays - Monday 3 April to Friday 14 April 2023

Summer Term 2023

Monday 17 April to Friday 21 July 2023

INSET day - Friday 23 June 2023

Early May Bank Holiday - Monday 1 May 2023

Additional Bank Holiday (Coronation) - 8 May 2023

Half term - Monday 29 May to Friday 2 June 2023



REMEMBRANCE - 40 YEARS SINCE THE FALKLANDS WAR

This term the academy had a very special visitor – a real life soldier, Warrant Officer Chubb (Mrs Chubb's husband). He explained to the pupils what it is like being in the army and how he is preparing to return to civil life in January. He talked about his medals and some of his experiences in other countries. He explained that their job is to protect not shoot people because they have a gun.

During the week our activities included making a suncatcher in the shape of a poppy, looking at where the Falkland Islands are and created a timeline of the events.



OLIVE WAY COOKING

This half term Beach class had the opportunity to create vegetarian and vegan dishes.

The vegan sandwiches were amazing creations but may be a once in a lifetime experience – the combination of plant-based meat and chocolate may not catch on for a while!

Mr Burnett and Mrs Everard were on hand to be the taste testers!



READING FOR EVERYONE

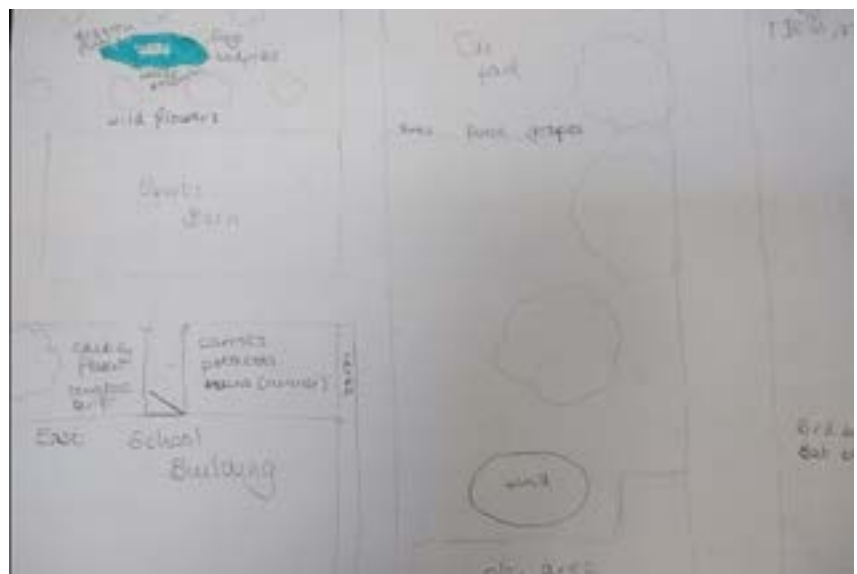
Every pupil has been presented with a book from Mr Burnett some chose a cookery book while others chose the first book of a series – Harry Potter in hardback. Oskar was delighted with his chosen book which will help him learn how to draw characters.



REWILDING WITH SUFFOLK WILDLIFE TRUST

Over the year, Key Stage Two and Three have been working with Suffolk Wildlife Trust. Most of these sessions have been practical – looking for wildlife around the school and thinking about ways to improve the environment.

The pupils have come up with loads of ideas and drawn them as aerial views. Ideas include vegetable patch, wild meadow and bird boxes. The second visit including making bird feeders out of pinecones, lard and bird seed. Within a day a Robin was eating from the feeder outside Beach class.



CHRISTMAS JUMPER DAY

It is ten years since 'Save the Children' decided to raise money by asking people to wear Christmas jumpers. We decided this year to decorate some old jumpers with some fantastic results



CHRISTMAS IS COMING

In Key Stage Two the pupils have enjoyed some festive activities creating Christmas post boxes for their Christmas cards. Tommy-Jo suggested the idea and then Tristan helped him to make it.

Mr Burnett asked if one could be made for the whole school so Oskar made a multi-coloured one. The pupils have been busy making cards for family and friends and we'll have a special delivery service in the academy on the last day of term for all cards that have been posted.



TOMMY-JO PLANS HIS BAKE!

Tommy-Jo loves his cooking lessons and sharing his food with his family and with Mr Burnett and has learnt to be a waiter walking up and down the corridor balancing his plate!

After one visit to the office Mr Burnett asked Tommy-Jo whether he would like a cookery book, the two of them found a book online and when the book arrived Tommy-Jo took the book home. He decided on some recipes to cook at home with his dad.



When the pupils were asked to choose a recipe to cook in their last lesson before the end of term, Tommy-Jo brought back his recipe book and photocopied the recipe he wanted to make. He posted a video on our class dojo page demonstrating his excellent reading skills.

CHRISTINGLE

In Beach class we read and followed the instructions very carefully to make our own Christingles.



CHRISTMAS DINNER

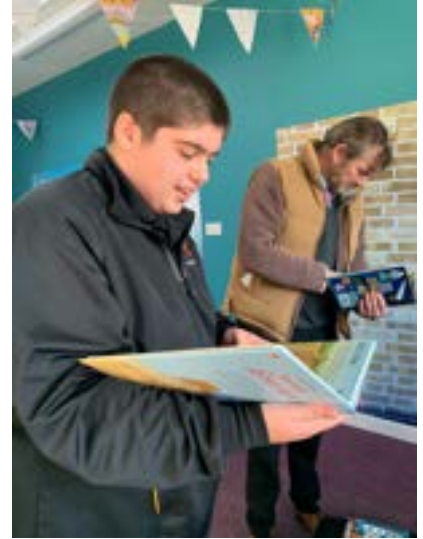
On Wednesday 14th December, the whole school had their Christmas lunch together. The culture room was made over with festive decorations and whilst Christmas music played in the background everyone enjoyed being together and having a great meal. One of the pupils then went round writing everyone's opinion - the mince pies were great!



CHRISTMAS ADVENT BOOK FAIR

On the last week of term we saw our first Christmas Advent Bookfair. All our pupils enjoyed choosing two books to take home and read over the holidays.

Reading is a real focus for Olive Suffolk this year and this is the first of many exciting events planned for the future, we were so pleased with how everyone chose books according to their interests. Even the adults had a wishlist!



COOKING UP A TREAT!

Throughout this term our outreach pupils have enjoyed using the kitchen at Olive to create lots of delicious treats. This final week of term has been Christmas themed with the highlight being a chocolate log made from scratch!



NAVIGATIONAL AWARD SCHEME by Jake Year 11

Me and my friends have been enjoying these trips and I would like to help them get their navigational award scheme, as knowing how to find yourself a way around an unknown place, like if you are lost you can use your navigation skills to find your way out of a forest.

If you have a map and a compass knowing how to navigate can save your life in the wild. I would also like to get better at navigation and using a map as there is still many things I want to learn!

My peers can fly through the navigational award scheme and get their Bronze navigational award scheme and I'll help them through it as much as I can.

My confidence has grown when following a map and would like to improve reading a compass as I don't completely understand it yet. It has been great!



CURRICULUM UPDATE - ENGLISH

This term saw 3 pupils in year 11 sit their first formal exams. All 3 completed the Entry Level 3 exams which involved speaking and listening, writing and reading. The exams are marked internally and then sent off to the exam board. If successful, pupils will move onto their Functional Skills Level 1 exams after Christmas.

Within curriculum time, the term began with 'War Poetry', tying in with Armistice day. As part of that study, Ms Chubb organized for a serving member of the forces to come into the academy as detailed in the earlier article.

After this, the topic of biographies was studied. We looked at Tim Peake, Michelle Obama and Dr James Barry, to name but three. We explored what would make a biography, as well as looking at the etymology of the word 'biography'.

As part of their final assessment, students had to complete a biography of someone. We continued with our class read, 'Cirque Du Freak' and will hopefully complete the book (the first in a series of 12) before Christmas.

As part of developing the love of reading, in the Olive Way we looked at Jolabokaflokkur, which is the Icelandic tradition of book giving at Christmas.

It has been a hugely exciting term. 2023 promises to be even more exciting with further formal exams and the studying of Macbeth in the first term.

FOREST SCHOOL

As this half of the Autumn Term draws to a close, we have much to look back on over the past 7 weeks. Forest School is an exciting part of the week where KS2 and KS3 come together to embark on some forest adventures. The pupils have been able to develop the site at the Suffolk Food Museum to make it their own. Martel has spent a lot of time creating a den out of an area that was overgrown, enlisting the help of his peers and teachers.



Each pupil has been able to master starting a fire safely and have been able to toast marshmallows, make flatbreads, popcorn, pizza and fry sausages. Other exciting activities have included whittling butter knives, playing games in the forest, making bark armour and creating art with items found in the forest.



We have also been lucky enough to be able to explore the Museum grounds and see the animals, taste food that is grown on site and spend time with the visiting iron monger who explained about his job and let the pupils help with the blowing, fascinating stuff!

The pupils have been excellent during the time spent doing Forest School. The weather has been challenging but no matter how hard it rained or how strong the wind blowed, they all showed resilience and kept on going.



HAF PROGRAMME FOR KEY STAGE 2

You may be aware that Suffolk County Council run a scheme called the Suffolk Holiday & Food Programme (HAF). All pupils who receive Free School Meals in Key Stage 2 will receive a HAF code that is individual to their child. With this code you will be able to book your child onto activities approved by Suffolk County Council under this scheme for free.

When you receive the code you should receive a link to the website that details all of the activities being run in Suffolk that parents can apply to, or you can copy the link below into your browser. All codes have now been issued to the parent/carers email address that we hold for KS2 pupils. (KS3/4 pupils can apply for some activities, subject to age restrictions, without having to enter a HAF code).

[Suffolk InfoLink | Holiday Activity and Food \(HAF\) programme 2022 in Suffolk](#)

Examples of the activities available over the holiday period are included at the end of this Newsletter.

The website is also a good source of information for wellbeing/support services available to families.

SUPPORT FOR FAMILIES OVER THE HOLIDAY PERIOD



Kooth provides free, safe and anonymous online counselling and emotional wellbeing support to young people in Suffolk, aged 11-18 years (up to 19th birthday).

The Kooth service is available 365 days a year, from 12 noon until 10 pm weekdays and from 6 pm until 10 pm weekends, and offers young people:

- Virtual drop-ins and chat sessions with qualified counsellors, therapists and support workers
- Peer-to-peer support
- Live moderated forums with other young Kooth members, and
- A wide range of self-help articles

Young people can seek support or advice from Kooth, on the go through their mobile device, about any topic they wish. This could be help coping with exam stress or bullying, seeking help for an eating disorder, dealing with suicidal thoughts or handling sexual abuse.

Visit: www.kooth.com



Suffolk County Council's **The Source** website is full of information for children and young people including leisure activities, links to emotional health and wellbeing, careers advice and local offers for young people.

Visit <http://thesource.me.uk>

Suffolk Young People's Health Project (also known as **4YP**) is a local charity, which provides and coordinates services that improve the social, emotional, and physical health and wellbeing of young people in Suffolk, aged 12-25.

Through advice, guidance and practical support they help young people develop the skills and knowledge to lead healthier, happier, safer and more resilient lifestyles. They give young people the confidence to make better informed choices and enable them to reach their full potential.



Visit <https://4yp.org.uk/>

Other Websites

- New Emotional Wellbeing Gateway – information and support to help you and your family stay mentally well.

<https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/health.page?healthchannel=1>

- Childline - information about mental health and a free helpline 0800 1111



Scarlet Fever - Guidance for Parents

A reminder that you can find information on the news section of our website about the increase in reported cases of Scarlet Fever amongst children along with guidance for parents/carers should you have any concerns. Please visit:

<https://apnenevalley.oliveacademies.org.uk/news/scarlet-fever-guidance-for-parents>

Learn a ton with Heaps of FUN

Families & Young people
One Life Suffolk

FREE services offering families and young people information, advice and guidance to support healthy lifestyles for all through **games** and **interactive sessions** lead by OneLife Suffolk

Dates: Friday 13th January 2023 for 10 weeks.

Time: 5:00pm – 6:30pm

Location: Mid Suffolk Leisure Centre, Gainsborough Road, Stowmarket, IP14 1LH

Sign up today by scanning the QR code



FREE for any child on or above the 91st centile on the growth chart. However, if only one child in the family is eligible, other **siblings can attend** too.

onelifesuffolk.co.uk



01473 718193

MORE Life
One Life Suffolk

FREE Family Clubs

*Eligibility criteria applies

Available near you!

OneLife Family Clubs are a great way to **learn**, have **fun**, and get **active!**

Make new friends!



"OneLife has helped motivate us to make changes in our lives"



"Very informative and helpful in learning new skills and giving us tools to continue altering our habits"

Learn new skills!

Sports, Cooking, Games + more!



SCAN ME

Scan to book! Or call us!

BMI above a 'healthy weight' or above 91st Centile (you can find your BMI by searching NHS BMI calculator online) For the full eligibility criteria please visit our website

BOOK NOW! www.onelifesuffolk.co.uk | 01473 718193

FAMILY & JUNIOR SWIM & LUNCH

Swim & lunch will run in the school holidays providing a **FREE** swim and nutritious meal for those eligible for free school meals in the holidays

5-16 years old

17th - 30th December

*Subject dates applied

Bury St Edmunds Leisure Centre
Haverhill Leisure Centre
Hadleigh Pool & Leisure
Kingfisher Leisure Centre
Mildenhall HUB
Newmarket Leisure centre

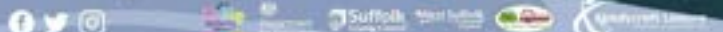
To book:

Email: HAF@acleisure.com

Call: 01284 757473

For more info, visit

www.acleisure.com/HAF



MEAL DEALS

Meal deals include an item from all three sections: main meal + tasty treat + drink

MAIN MEALS

Junior Classic Beef Burger vegan

Contains- Gluten, Eggs, Milk, Sesame, Soya

The Classic Cheese Beef Burger vegetarian

Contains- Gluten, Eggs, Milk, Sesame, Soya

Nachos & Melted Cheese vegetarian

Contains- Milk, Soya

Toastie or Panini

Capin Chicken Panini vegetarian

Contains- Gluten, eggs

Ham & Cheese Panini vegetarian

Contains- Gluten, Milk

Margherita Panini vegetarian

Contains- Gluten, Milk

Tuna Cheese Panini vegetarian

Contains- Gluten, Milk, Fish, Egg

Seedough Smoked Ham & Cheese vegetarian

Toastie

Contains- Gluten, Milk, Mustard

Jacket potato (one filling)

Ham vegetarian

Cheese vegetarian

Beans vegetarian

Lunch Box

Ham vegetarian

Cheese vegetarian

Marmite vegetarian

TASTY TREATS

Frube Yoghurt

Decorated ring vegetarian

Doughnuts

Cookie

Out, Raisin & Lemon Cookie vegetarian

White Belgian Chocolate Chunk & vegetarian

Raspberry Cookie

Belgian Chocolate Cookie vegetarian

Chocolate Chunk Cookie vegetarian

Double Chocolate Cookie vegetarian

IPiece Of Fruit

DRINKS

Bottled Water

Soft Drinks

Fruit Shoot

Small Stoddy

Milkshake Cartons

*Please note, the following options are subject to stock and availability.



ADVENTURE
Days

For children aged 8-12
Across Suffolk
10am - 4pm
DECEMBER

Archery
Geocaching
Snorkelling
Axe Throwing
Shelter Building
Bottle Rockets
Team Games
AND MANY MORE!

FREE
For those eligible for free school meals or meet eligibility criteria

www.acleisure.com/haf

EXPLORE OUTDOOR

Suffolk County Council
Department for Education
Suffolk County Council
West Suffolk Council
Kilnseye Leisure

FAMILY Park
COOKING

Across Suffolk
19th - 22nd DECEMBER

Join us for:
A free family day out
A cooking masterclass
Fire lighting & outdoor activities
Plus receive a 5 day ingredients box to take home!

FREE
For those eligible for free school meals or meet eligibility criteria

www.acleisure.com/HAF

EXPLORE OUTDOOR

Suffolk County Council
Department for Education
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West Suffolk Council
Kilnseye Leisure

TEEN CHALLENGE

For young people aged 11 -16

19th - 22nd December
Depending on location

Example activities such as
Axe Throwing
Combat Archery
Snorkelling
Cooking
Cinema Trip

Hot lunch and snacks included

FREE
For those eligible for free school meals or meet eligibility criteria

www.acleisure.com/HAF

EXPLORE OUTDOOR

Suffolk County Council
Department for Education
Suffolk County Council
West Suffolk Council
Kilnseye Leisure

IPSWICH TOWN FOUNDATION

HAF FUNDED SOCCER SCHOOLS

MONDAY, 19 DECEMBER
TUESDAY, 20 DECEMBER
FREE - LUNCH PROVIDED
6-12 YEARS OLD
PORTMAN ROAD

SCAN TO BOOK

[QR Code](#)

Suffolk County Council
Department for Education
Suffolk County Council
West Suffolk Council
Kilnseye Leisure

FAMILY PARK COOKING FESTIVE FOOD AND ACTIVITY PACKS

EXPLORE OUTDOOR

This Christmas Explore Outdoor and Abbeycroft Leisure are working with West Suffolk Council, Babergh and Mid Suffolk District Council and Suffolk County Council to provide food and activity packs to support families and keep the kids active and entertained this Christmas holiday.

EACH PACK CONTAINS INGREDIENTS FOR A CHRISTMAS DINNER AND BOXING DAY LUNCH ALONG WITH A RANGE OF FAMILY AND KIDS ACTIVITIES TO COMPLETE AT HOME

FREE FOR FAMILIES OF CHILDREN ENTITLED TO FREE SCHOOL MEALS (PUPIL PREMIUM) OR MEET OUR ELIGIBILITY CRITERIA.

Roast Chicken and Vegetables
Roast Potatoes
Sprout Gratin
Christmas Pudding
Giant Sausage Roll
Apple Crumble
Plus:
Family Games
Christmas Decorations
Kids activities



Department
for Education

TO BOOK EMAIL: HAF@ACLEISURE.COM

YOU MUST PROVIDE YOUR 16-DIGIT E-VOUCHER NUMBER TO BOOK